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2015

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2016

Local runner, Keith Jones, is reminded of why Brooklyn is New York's best and most beautiful borough as he runs the course.

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ONE FOR THE AGES

Tom Brady's epic comeback effort, 466 yards lead Pats to fifth title. 24

Jeffrey and Gronk do the Super Bowl. 19

Try Taiwan's trendy Salty Cheese Tea. 20

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A 20-year-old Brooklyn man faces murder and sexual assault charges. 6

ARREST MADE IN SLAIN JOGGER CASE

INSTAGRAM/@KARINAVETRANO

TRUMP: PENCE WILL LEAD VOTER FRAUD PANEL

1 President Donald Trump said in remarks broadcast on Sunday that he would put Vice President Mike Pence in charge of a commission to probe what he believes was voter fraud in last November's election. There is an overwhelming consensus among state officials, election experts and politicians that voter fraud is rare in the United States, but Trump has repeatedly said he

thinks perhaps millions of votes cast in the Nov. 8 election were fraudulent. "I'm going to set up a commission to be headed by Vice President Pence and we're going to look at it very, very carefully," Trump told Fox News Channel's Bill O'Reilly in an interview taped on Friday. REUTERS

GOOGLE MUST TURN OVER FOREIGN EMAILS

2 A U.S. judge has ordered Google to comply with search warrants seeking customer emails stored outside the United States, diverging from a federal appeals court that reached the opposite conclusion in a similar case involving Microsoft Corp. U.S. Magistrate Judge Thomas Rueter in Philadelphia ruled on Friday that transferring emails from a foreign server so FBI agents could review them locally as part of a domestic fraud probe did not qualify as a seizure. The judge said this was because there was "no meaningful interference" with the account holder's "possessory interest" in the data sought. "Though the retrieval of the electronic data by Google from its multiple data centers abroad has the potential for an invasion of privacy, the actual infringement of privacy occurs at the time of disclosure. REUTERS

TRUMP STEPS UP ATTACK ON JUDGE

3 President Donald Trump ramped up his criticism of a federal judge who blocked a travel ban on seven mainly Muslim nations and said courts were making U.S. border security harder, intensifying the first major legal battle of his presidency. In a series of tweets that broadened his attack on the country's judiciary, Trump said Americans should blame U.S. District Judge James Robart and the court system if anything happened. Trump did not elaborate on what threats the country potentially faced. He added that he had told the Department of Homeland Security to "check people coming into our country VERY CAREFULLY. The courts are making the job very difficult!" in a tweet. REUTERS

HIGH-FLYING

5 Lady Gaga performs during the Pepsi Zero Sugar Super Bowl LI Halftime Show at NRG Stadium on Sunday in Houston, Texas.
GETTY IMAGES

5 THINGS YOU NEED TO KNOW

MAY'S BREXIT PLAN UNDER PRESSURE

4 Pro-Europe MPs' efforts to temper Theresa May's Brexit plan gained traction on Sunday when a member of her own party broke ranks to criticize her strategy before parliamentary votes that will test her government's slim majority. A three-day debate on a law giving May the right to trigger Britain's exit from the European Union begins on Monday,

and will be followed by a series of votes on whether to attach extra conditions to her plan to start talks by March 31. MPs voted overwhelmingly in favor of the principle of the new law last week, signaling May is unlikely to be blocked outright from triggering Brexit. But, she will need the support of her whole party to approve the strategy without change. REUTERS

WELCOME TO METRO.US!

GARY KANE, SENIOR EDITOR

The leftover chicken wings and guacamole are chilling in the fridge. The $20 bet you made on Lady Gaga's hair color is padding your brother-in-law's wallet. Bragging rights have been exercised. Another Super Bowl is in the record books and soon to be forgotten. But if the pregame hype and the game itself has left you craving for more, **Metro.us** is here for you.

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Call 511 and say "Current Service Status," look for informational posters in stations, or visit **mta.info** – where you can access the latest Planned Service Changes information, use TripPlanner+, and sign up for free email and text alerts.

FASTRACK

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Harlem church gives Falcons and Patriots a run with massive Super Bowl party

The First Corinthians Baptist Church opened its doors and its pizza boxes to hundreds.

AMANDA MIKELBERG
@MetroNewYork
amanda.mikelberg@metro.us

Fans relax and enjoy the game in the chapel at the First Corinthians Baptist Church..BESS ADLER

The buzz of a haircutter momentarily drowned out the Super Bowl for Ron Maxton, who was six months overdue for a trim.

"What happened?" he yelled.

"That was a TOUCHDOWN," someone shouted back.

Endless pizza, hotdogs and fried chicken. Big screens. Hundreds of friends. Raffles. And free haircuts. The First Corinthian Baptist Church of Harlem opened up their chapel — once the historic tiered Regent Theater — to the hungry, the homeless, and football fiends at their 11th annual Super Bowl party.

"The Super Bowl is a time when people gather, in love, family and friends," said the Rev. Kim Arango. "It's a really big deal in America. It's a holiday occasion. This is just an opportunity for us to be love-in-action."

Some kids were scooting under tables and converging on the cupcake platters, while others with football dreams lined up on a couch to watch every minute of the action.

Kenny Newton, 13, said he is rooting for the Patriots, and mildly likes Tom Brady, but genuinely prefers the Giants and Odell Beckham Jr. He wants to be a wide receiver, too.

"This started out as just a church event, just the guys from the church getting together for some football, but Rev. [Mike] Walrond decided to get more inclusive, open it up for everyone," said volunteer Austin Bonds, 28.

The church owes the explosive growth of its congregation, from 300 to 10,000 in ten years, to non-traditional events like this football party. More and more people every year from local shelters and the streets come for the warm atmosphere and the impressive spread of food.

"We've probably served 350 people already," Bonds said at 7 p.m. "Some went home — we gave them free whole pizzas to take."

A lot of people can't afford to host Super Bowl parties, let alone go to the game, and this is the ideal alternative, said Carol Ann Williams. "When you don't have money, you give service," she said.

The mission is to transform lives through generosity and good cheer, said the Rev. Leslie Segars, who had once been homeless.

"We're living our mantra — live, love, serve. It's a way to give back, and it's exciting," she said as cheers rang out throughout the church.

No tailgating, but plenty of partying at Super Bowl

Despite the absence of tailgating, there was no shortage of partying for Sunday's Super Bowl, as what has grown to become a virtual national holiday kicked off at Houston's NRG Stadium.

Heavy security surrounding the suburban Houston site for the NFL title clash between the New England Patriots and Atlanta Falcons shut the door on tailgating as fans had to park remotely and ride buses to the 73,000-seat stadium.

But ticket holders were already in full party mode after a dizzying weekend of high-energy fun in the city center by an estimated 140,000 out-of-town visitors that poured in and those able to make it to the private parties dotted around the Texas oil capital.

There was something for everyone, from the NFL Experience that catered to family fun, to booming dance clubs.

A-listers, movie stars, and business titans filled VIP parties across the city, from the Maxim bash to the Taste of the NFL, which benefits the homeless, to the exclusive Bootsy Bellows soiree in a private club tucked in a corner of downtown.

Fergie, Usher, Snoop Dogg, Cee-Lo Green and Busta Rhymes, actor Jon Hamm and Ludacris were spotted among party-goers and even Patriots owner Robert Kraft rocked out on stage with rapper Flo Rida on at the Fanatics Super Bowl party.

Taylor Swift dazzled a packed crowd at Club Nomadic for the DirecTV bash.

Some $350 million was expected to pour into the city's economy.

Tickets prices just before kickoff on the online resale market were ranging from $2,700 apiece to over $5,000, and one needed more money, of course, to keep the party vibe going helped by 115 concession stands in the stadium.

"It's expensive! These beers are $15 apiece, I paid nine dollars for a pretzel!" joked Jon Ostrowski, a Pats fan who made the trip from Atlanta with a childhood friend from Connecticut.

Larry Anderson, a farmer and Patriots fan from Omaha, Nebraska, was spending his pregame in the "Bud Light Lounge."

"I'm super excited to be here," said Anderson, who came with his son. "We'll probably drink a lot and yell a lot."

Usher and Harry Connick Jr. attend the Super Bowl LI Pregame Show. FILMMAGIC

The Super Bowl party, of course, stretched beyond Houston.

Americans were expected to consume more food on Sunday than on any other day of year except Thanksgiving, going through 1.3 billion chicken wings and washing them down with 325 million gallons of beer. REUTERS

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NYPD: Police have 'solid case' against man arrested in slaying of Karina Vetrano

An anonymous 911 call and DNA evidence led police to make the arrest.

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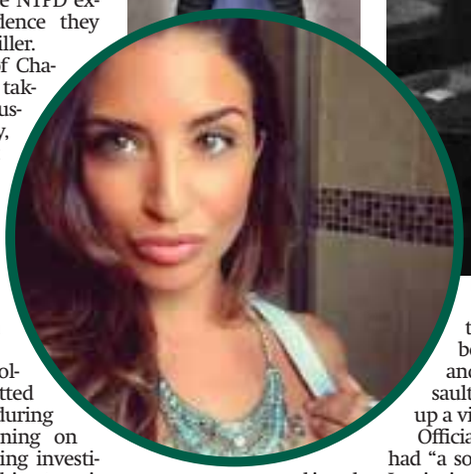

Karina Vetrano and her father Phil ALL IMAGES FACEBOOK

A desperate six-month quest for leads in the grisly death of young Queens jogger Karina Vetrano came to an end this weekend as the NYPD expressed confidence they captured the killer.

The DNA of Chanel Lewis, 20, taken into custody Saturday, matches what investigators found under Vetrano's fingernails, police said. He was arrested outside his Brooklyn home.

Lewis had voluntarily submitted to a DNA test during police questioning on Thursday, leading investigators to link him to evidence taken from the victim and from the back of her cellphone found after the Aug. 2 assault, officials said at a news briefing Sunday.

Vetrano, 30, had gone for a jog when she went missing from her Howard Beach home where she lived with her parents. When she didn't return home, her father went looking for her and discovered her body face down in the weeds of Spring Creek Park while he was combing the area with the police.

An autopsy confirmed that she was beaten, strangled and sexually assaulted, but had put up a vigorous fight.

Officials said they had "a solid case" against Lewis, including "detailed incriminating statements and admissions" he made during interrogations, NYPD Chief of Detectives Robert Boyce said.

For months following her death, Vetrano's parents Phil and Cathy Vetrano pleaded for tips and offered rising amounts of reward money for any information leading to an arrest.

> *"I'm not gonna say it's a good day, but we can move forward now."*
>
> Phil Vetrano

"I'm not gonna say it's a good day, but we can move forward now," Phil Vetrano told CBS New York. "We are at a place we were never at. We know who did this."

The distraught parents set up a GoFundMe website campaign to raise reward money, which included contributions from the city.

"He's a savage, and I'm glad that he's off the street so he doesn't kill anyone else's daughter," Cathy Vetrano said. "I would like to thank my community of Howard Beach that has been unbelievably supportive."

Police were tipped off to Lewis from an anonymous 911 call reporting his suspicious behavior.

Boyce said they believe the victim and Lewis did not know each other, and that the deadly encounter was likely a random one.

Lewis, unemployed, has no prior arrest record.

Reuters contributed to this report.

Louvre attacker refuses to speak to investigators

The machete-wielding attacker who was shot by a soldier outside France's Louvre museum refused to answer investigators on Sunday after being formally placed into custody at a hospital, a source at the Paris prosecutor's office said.

Abdullah Reda al-Hamahmy, an Egyptian, was shot several times on Friday after attacking soldiers as he cried "Allahu Akbar" in what French President Francois Hollande described as a terrorist attack.

"The first interview took place this morning, but it turned out to be a short one. For the moment, he refuses to talk to investigators," the source at the prosecutor's office said.

The 29-year-old arrived in France on Jan. 26 after obtaining a tourist visa in Dubai. Egyptian security officials have not said whether he had any known links to militant groups.

Hamahmy's father told Reuters it was "nonsense" to suggest his son was a terrorist, saying that the youngest of four children was a law graduate who had been working in the United Arab Emirates for about five years and was in Paris on business.

A picture taken on Sunday shows portraits of Abdallah El-Hamahmy, an Egyptian suspected of being the machete attacker in Paris's Louvre museum, placed on a sofa at the family home in the Nile delta city of Mansura. GETTY IMAGES

Hours before the Louvre attack, an entry on Hamahmy's Twitter account was posted reading: "Why are they afraid of the establishment of an Islamic state? Because the country of Islam will defend its resources and territory and the honour and dignity of Muslims."

Reuters could not independently verify the authenticity of the tweet and the account has since been shut down.

The incident underlined the Islamist militant threat facing France, which is still under a state of emergency as presidential elections loom following a series of attacks over the past two years that have killed more than 230 people.

Hamahmy's father, Reda Al Refaai, in an interview on Saturday accused French officials of fabricating the allegations against his son to excuse the force used to stop him.

Asked if his son had shown Islamist militant tendencies, the retired police major general said: "If he had I would have thrown him out of the house."

French investigators are hunting for clues to establish whether he acted alone, on impulse, or on orders from someone. He attacked troops checking bags near the museum's shopping mall with a machete in each hand, wounding one soldier.

Hamahmy's father said he last spoke to his son a few hours before the attack and that they had discussed what colour hat Hamahmy should buy to protect him against the cold weather of Paris.

He said he heard the news of the Louvre incident via Facebook. Shortly afterward, police came to his house to ask some questions before leaving. REUTERS

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Who Should Apply?

Individuals or households who meet the income and size requirements listed in the table below may apply. To be eligible, households must also have less than $250,000 in assets (some exceptions apply for retirement accounts). Qualified applicants will be required to meet additional selection criteria. NYC residents receive a preference.

Completed applications will only be accepted either by mail or online. All applicants will be placed on a waiting list for future vacancies.

1. See the Unit Types → **2. View Unit Requirements**

^Rents and Household Earning Limits advertised are based on current 2016 HUD AMI limits and will be adjusted at the time that new annual guidelines are published by HUD

Unit Size	Monthly Rent* (Using 2016 AMI)^	Household Size**	Annual Household Earning*** (using 2016 AMI)^
1 bedroom	$2,805	1 person 2 people	$84,150 - $104,775 $84,150 - $119,625
2 bedroom	$3,366	2 people 3 people 4 people	$100,980 - $119,625 $100,980 - $134,640 $100,980 - $149,490

How Do You Apply?

Apply online or through mail. **To apply online, please go to: www.stuytownlottery.com.** To request an application by mail, send a self-addressed stamped envelope to: Stuyvesant Town/Peter Cooper Village Wait List, Peter Stuyvesant Station, PO Box 1182, New York, NY 10009 or download from **www.stuytownlottery.com**. **Send ONLY one application. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application will be disqualified. In-person applications cannot be accepted.**

When is the Deadline?

Applications must be postmarked or submitted online no later than **March 10, 2017**. No late applications will be considered. Mailed applications must be sent via United States Postal Service regular delivery. Applications mailed through a parcel carrier or any express delivery by USPS that requires a signature will not be accepted.

What Happens After You Submit an Application?

After the deadline, applications are randomly selected for review through a lottery process. Due to the overwhelming volume of applications, we cannot respond to individual inquiries. After the lottery is completed, you will be contacted and advised of your place on the waitlist.

* Rent subject to change and includes gas for cooking and electricity; additional surcharge for A/C.

** Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

*** Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income for household members.

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Why Aren't Doctors Telling About These Two Often

Two Advanced Medical Treatments Every Knee Arthritis Sufferer

By *NY Pain MD*

***NY Pain MD* is a medical clinic with locations in Midtown NYC and Uptown NYC that has treated thousands of knee arthritis and joint pain patients.**

Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.

If you suffer with knee or other join arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are There Any Better Options?

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

Two options that a lot of knee arthritis sufferers have never heard of.

Before we get into the two treatments, please understand this...

NY Pain MD is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

Know this fact: There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

#1 Viscosupplementation

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that,here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knees.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." pharmaceutical companies (with the help of doctors) can now make ***natural*** synovial fluid gel-like compounds that, during viscosupplementation treatments. Doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at ***NY Pain MD*** use Precision Arthritis Targeting Technology so they can actually see the lubricant going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without this technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology without good results - this may be why.

That's why ***NY Pain MD*** takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different "brands" and chemical make-ups. Just like all medications, some people respond better to one than another. So, the experts at ***NY Pain MD*** use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at ***NY Pain MD*** have found that earlier you start Viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why ***NY Pain MD*** is now seeing so many patients as young as 35 to 40.

Summary: If you have knee arthritis pain and have not tried. Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results. you may still be able to get great results with the proper imaging and specific medication.

What Should You Do If Viscosupplementation Fails?

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

This is not true...and here is why

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

#2: Radiofrequency Treatment

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

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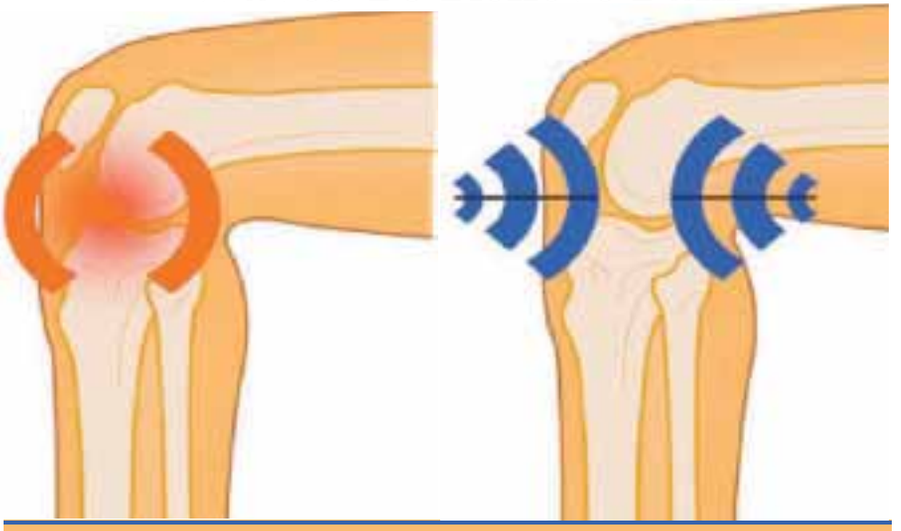
Knee Arthritis Sufferers Successful Treatments?

Needs To Know - Before Or After Knee Replacement Surgery

Advanced Treatment Uses Medical Radio Frequencies Waves To Relieve Pain



Science rescues knee arthritis sufferers?: **Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.**

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one to two weeks later, Radio Frequency waves are applied for term relief.

Is It Safe?

Research has shown this to provided significant relief for some patients. to procedure to be safe and effective.

One study published November 4, 2010 in the journal Pain found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indiciate some patients may get years of relief in some cases. "RF neurotomy (radio frequency treatment) of genicular nerves leads to significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.

The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.

What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

NY Pain MD believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their ques-tions answered and see if they are a candidate for one of the cutting-edge treatments offered at ***NY Pain MD***

If you would like a complimentary screening, just call 855-456-PAIN [7246] and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordiantators will get you appointed for next month

This screening is no cost and no obligation. Many of the treatments offered are covered by many insurance plans and Medicare

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White House adviser Steve Bannon had some advice for the news media. GETTY IMAGES

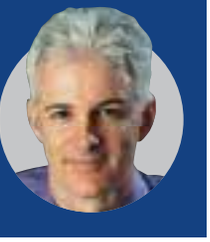
TRUMP'S AMERICA

MAKING AMERICA SHUT UP AGAIN

ELLIS HENICAN

Opinion

Ellis Henican is a seasoned observer of the nation's political and social landscape. He has appeared as a commentator on CNN, MSNBC and Fox News. He is a former columnist at Newsday. Follow him @henican



Two weeks in, it's already time for a slogan retread. "Make America Great Again" is quickly giving way to "Please Shut Up Now!" — without the please.

New petition signatures aren't being counted on the White House website. The "We The People" page, where Americans can "speak directly to the government," hasn't been working since President Donald Trump moved in. And no one's answering the White House comment line.

The rising zip-it call is being sounded from Trump Tower and the White House switchboard, all the way to Berkeley, Seattle and even Mar-a-Lago, pretty much anywhere the new president or his posse face criticism of any kind.

Why be bothered with a bunch of whining critics? They'll never have anything nice to say, anyway.

In his short time in office, Trump has rarely missed a chance to demand that someone else put a cork in it. After the Women's March, he tweeted: "Was under the impression that we just had an election! Why didn't these people vote?" When campus protesters romped in Berkeley, he didn't only threaten to arrest the lawbreakers, he vowed to cut off federal funds for the entire university. Maybe that'll quiet 'em!

In Trump's America, silence from others is definitely golden again, just like a certain Fifth Avenue tower and a pair of Donald J. Trump Signature Collection Cufflinks ($100 plus $4.99 shipping on Amazon).

Steve Bannon, the official White House id, really set the tone when he snarled that the media ought to "keep its mouth shut and just listen for a while."

I thought there might be hope here. Then, I called 202-456-1111, the popular White House comment line.

Turns out the White House comment line isn't taking comments anymore. A recording said try a website or Facebook Messenger, though the White House Facebook page didn't seem to be taking messages either.

California Congresswoman Jackie Speier has a bill, the Phone the White House Act, cutting off funds to the Executive Office until the comment line is restored. "The president needs to recognize that his job also includes listening to all Americans, not just the echo chamber in the White House," Speier said.

How much longer till the president has an answer for her? Shut up now!

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TROUBLE IN TRUMPTOWN

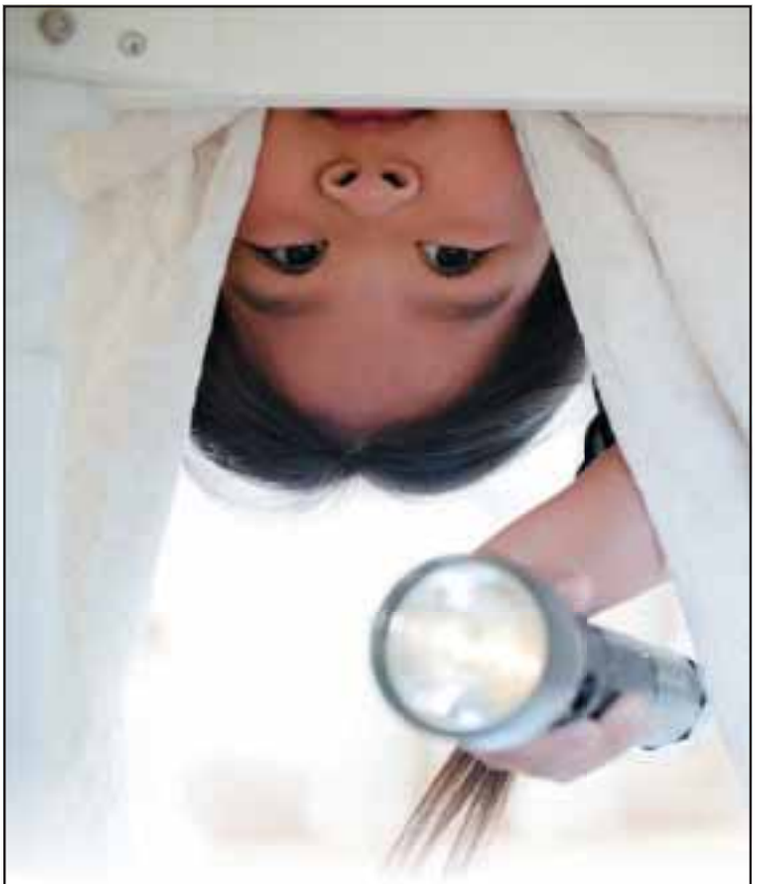
You have to give this to President Donald Trump: He is wasting no time launching his big plans for change. But what's that they say about "equal and opposite reactions"? Yeah, that's happening too. Here are my three things to watch this week in politics.

1. HITTING THE WALL
As President Trump steamed through his first two weeks in office signing papers, making phone calls and blurting out pronouncements, you could feel congressional Republicans getting twitchy. Now with his approval numbers already dipping, the first potentially serious resistance is rising. Amid loud protests from some quarters and quiet warnings from others, some GOPers are preparing to resist his plan for a border wall. Not for philosophical reasons, but for practical ones: They don't want taxpayers to pay for it, and they're not convinced Mexico will. Stay tuned.

2. FACTS MACHINE
Glass houses. Stones. You know how this works. For weeks Team Trump has relentlessly lectured, ridiculed and scorned the media for what the administration considers inaccurate reporting; then late last week one of their own let fly with a statement of fact which proved to be — um, you know, not a fact at all. Advisor Kellyanne Conway later admitted she was mistaken when she referred to a nonexistent act of terrorism called the Bowling Green Massacre. What to watch: Will the boss call her out for a public lashing as he has others? After all, facts are facts, even when they are alternative … aren't they?

3. GETTING SCHOOLED
President Trump's choice for secretary of education, Betsy DeVos, will be sweating out her final grade this week when the Senate votes to confirm her … or not. Republican support has grown shaky amid ethics questions and a lackluster Q&A between DeVos and lawmakers. As of this writing, the decision could come down to a single vote. She'll be working the phones right up until the final moment of this big pass/fail test, knowing if she doesn't make it President Trump will take a hit, too.

This week's Trumpitude: 68 percent and falling.



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New Bladder Control Pill Finally Receives U.S. Patent

New Double-Blind Clinical Study Shows UriVarx Can Reduce Urgency, Leakage and Incontinence... It Can Even Reduce Frustrating Middle of the Night Bathroom Trips

NEW YORK, NY – Frequent, uncontrollable urination is no laughing matter. Add it to all of the other stresses in life and it can be nothing short of a nightmare.

That helpless feeling of your bladder bursting and the worry of not making it to the bathroom in time can be absolutely terrifying.

The loss of dignity and the fear and embarrassment of "not making it" creates one of the most difficult health problems, you'll ever deal with.

But you're not alone with your bladder issues. According to The National Institute of Health, as many as 33 million Americans are affected by bladder control problems, exactly like those described above.

Bladder Problems… The One Secret You'll Never Tell

According to Dr. Tracey Seipel, a long-time clinician and one of the world's leading experts in the natural treatment of bladder control issues, "Most people who have overactive bladders choose to keep their problems a secret."

In fact, she went on to say, "They don't even tell their spouse or families about it. It affects their lives in every way, influencing where they go, and even what they will wear in case they have an accident."

And forget about making a fashion statement, according to Dr. Seipel, "Black is the color of choice, as it can hide evidence of public accidents."

But bladder control issues may now be a thing of the past. That's because a 100% natural, drug-free aid developed by Dr. Seipel and her team is now available. In the double blind placebo control clinical trials published on www.clinicaltrials.gov, the 150 patients enrolled in this powerful clinical trial and who took *UriVarx*™ for eight weeks experienced a large and statistically significant reduction in overactive bladder and urinary incontinence symptoms.

The proprietary formulation called UriVarx was clinically tested and proven to reduce incontinence, stress incontinence, urgency, frequency and nocturia (having to go at night). Some participants even reported complete reversal of their nocturia within 2 weeks!

UriVarx…Users Rejoice!

Dr. Seipel's formula has completely changed the life of Brandy W., a 45 year-old mother of three from Brisbane, CA.

Brandy stated, "I had a high bladder frequency as a child, but my frequency really worsened after the birth of my first child."

After a friend told her about UriVarx, Brandy decided to give it a try. "After 2 weeks, I already noticed changes" said Brandy.

She went on to say, "I was finding that although I felt I needed to urinate, I wasn't as desperate to run to the toilet. Now, when I get up in the morning, I'm able to make the coffee and even have a cup before needing to go, which is a great improvement!"

Amazing Clinical Results

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- **Reduction** in Stress Incontinence
- **Reduction** in Urinary Urgency
- **Reduction** in Urinary Frequency
- **Reduction** in Nocturia (bedtime episodes)

Patients started seeing results in as little as 2 weeks.

How Does It Work?

"UriVarx helps support bladder health by revitalizing bladder tone and function and by helping support kidney health", says Dr. Seipel.

"The active ingredients promote normal urinary frequency and they reduce urgency, nocturia and those embarrassing accidents", adds Dr. Seipel.

"The compound invigorates the tone of the bladder wall, assisting a healthy level of firmness by enhancing the bladder's muscular elasticity. This reduces the frequent urge to urinate", Dr. Seipel explains.

Positive and Strong Clinical Studies

This natural drug-free blend recently shocked the medical community with its overwhelmingly positive results in a new published clinical study.

Study participants were randomized and assigned to either a treatment group or a placebo group at two separate facilities. Both groups were monitored for a variety of bladder symptoms at week two, four and eight during the 2-month study.

At the end of the study, those receiving UriVarx showed significant improvements in all symptoms, including day frequency, night frequency and urgency. And what was even more impressive were the quality of life improvements the test subjects experienced. A full 84% of those taking UriVarx said "Yes!" to the question..."Have you had any benefit from your treatment?" Compared to only 18% of the placebo group.

Results like these are not surprising to Dr. Seipel who single-handedly pioneered the bladder care category in the early 2000's, receiving an award for her work from the prestigious U.S. Nutrition Business Journal.

The patented formula consists of a proprietary blend of select, synergistically paired botanicals. All chosen because of their ability to support healthy urinary and kidney function, maintain the health of the urinary tract and improve bladder tone. Dr. Seipel searched for over 15 years to find the perfect nutrients for her blend.

International Decrease In Adult Diaper Use

"Over-active bladder syndrome is a widely spread problem," says Dr. Seipel. Many of the individuals are forced to wear adult diapers. And insiders in the adult diaper market are keeping a close eye on Dr. Seipel's research. They don't want to lose their good customers like 78 year-old retired teacher Glenda B.

Glenda wore adult diapers every day to guard against accidents. "My bladder capacity was good, but the leakage and the accidents would occur without warning. So I wore them every day," confessed Glenda.

Since Glenda discovered Dr. Seipel's Bladder Control formula, you won't find her shopping in the adult diaper section of the store anymore.

"After only two months on UriVarx, I reduced my need to wear my diapers. Now I manage very well, thank you," says Glenda. And Glenda's results are similar to many in a recent study. In fact, of those who reported using adult diapers at the beginning of the study 75% of them no longer needed them after just 8 weeks, compared to only 5% of the placebo group.

Enlarged Prostate or Bladder Issues?

Symptoms of an overactive bladder can mimic those caused by an enlarged prostate, confusing many men. Dr. Seipel explains, "Prostate enlargement restricts urine flow. The bladder compensates for this by trying harder and harder to push urine out." As pressure in the bladder increases, so do instances of urinary urgency and frequency. Long after prostate issues are handled, many men still experience the same symptoms, thanks to their now overactive bladder.

Finally a clinically proven pill solution to ease all your bladder problems.

Great Results Whether You're a Man or a Woman

"Because male and female bladders, other than size are identical," says D. Seipel, "The formula works equally well for both men and women."

"It's a his-and-hers formula, "she grins. David M., a 46 year old male can attest to this. "I was having to go to the toilet every hour or so and I had to go to the toilet at least four times per night."

For weeks after starting UriVarx, David says, "My trips to the toilet have definitely reduced and I'm having much better sleep, getting up maybe once per night."

If you're ready to alleviate the uncontrollable urge to urinate, forcing you to make frantic trips to the bathroom, and instead want the confidence and security that a healthier bladder can bring to your life, here's your risk free opportunity.

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To encourage you to experience the life-changing effect UriVarx™ can have, Innovus Pharmaceuticals is offering a special discount for Metro New York readers – but only for a very limited time. An order Hotline has been set up for local readers. Simply call 1-800-452-8996. Supplies are limited, so they will only be taking orders for the next 72 hours. If you miss this opportunity, you may have to wait until the next production run in a few weeks. We expect phone lines to be busy, so please be patient.

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WHO COULD BE CONSIDERED AMERICA'S FIRST WEATHERMAN?

WEATHER TALK

MICHAEL FRIEDMANN
@WeatherTalk

Nowadays, in this age of social media and hyper-mass-marketing, it seems there's a national day for everything: sunglasses, hot dogs, ice cream, etc.

Yesterday was National Weatherpersons' Day, and while I'm loathe to evince even the slightest appearance of self-indulgence, it's a fun day to ponder the incredible strides we've made in our still young science of meteorology.

Started in the '90s, the day commemorates American surgeon and scientist John Jeffries (1745-1819), a native Bostonian of Revolutionary times, who is credited with taking America's first daily weather observations starting in 1774.

A meteorologist prepares to launch a weather balloon. GETTY IMAGES

Though not the consummate American patriot — he was a known loyalist who was officially banished from Massachusetts after leaving for England in 1776 — his work in Boston laid the groundwork for a nationalized network of weather record-keeping.

During his 15 years in Europe, he made the first-ever balloon flight over London, reaching an altitude of 6,500 feet, where he took studious measurements of ambient conditions. Interesting, considering we launch weather balloons twice daily to this day.

Today, many meteorologists will tell you — myself included — that weather was some preternatural fixation right from birth! While your exposure to meteorologists is most likely through local TV, where I work, just a scant 7 percent of us work in the news media.

Yesterday's day also recognizes the good works of the thousands of amateur weather enthusiasts who act as our critical "weather spotters." These folks are trained by the National Weather Service, and are indispensable to us during dangerous weather events.

So, New York, stay sky savvy.

On behalf of my fellow New York meteorologists, it's a privilege to serve you!

Michael Friedmann, a New York-area meteorologist, can currently be seen on metropolitan area cable news on weekends. Follow him on Twitter at twitter.com/WeatherTalk.

The week ahead

Today: Partly sunny; high 43.

Tomorrow: Periods of rain; high 48.

Wednesday: Mostly cloudy, chance of rain or a wintry mix at night; high 54.

Thursday: Partly cloudy, unseasonably cold; high 36.

Friday: Sunny and cold; high 36.

Saturday: Scattered showers and mild; high 48.

Sunday: Partly cloudy; high 47.

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International Day of Zero Tolerance for FGM seeks to end harmful ritual

Cases of female genital mutilation have risen in the U.S. because of the increase in immigrants from countries where the procedure is legal.

NATALIE DEMIRIAN
@MetroSweden
letters@metro.us

Meheret Dawit spent half her life unaware she was a survivor of a brutal ritual that has been inflicted on more than 200 million women and girls around the world.

Born in the East African nation of Eritrea to a Christian family, Dawit underwent female genital mutilation when she was only months old. She moved with her family to Ethiopia when she was 3.

It was only when she immigrated to Sweden as a young woman that Dawit, 58, discovered she had undergone female genital mutilation. She is now an activist, working to end the procedure.

Monday marks the fifth annual International Day of Zero Tolerance to Female Genital Mutilation. The United Nations designated the day in an effort to spread awareness, with the goal of ending the practice by 2030.

The World Health Organization classifies female genital mutilation as "the partial or total removal of the female external genitalia or other injury to the female genital organs for non-medical reasons."

The procedure is recognized as a violation of fundamental human rights, according to Sanctuary for Families, a New York City-based organization dedicated to helping victims of domestic and gender violence.

The harmful procedure is still practiced in 30 countries throughout Africa, parts of the Middle East and pockets of Asia.

It was outlawed in the U.S. 20 years ago but cases are on the rise because of the increase in immigrants from countries where it is practiced.

The U.S. Centers for Disease Control and Prevention estimates that more than 500,000 women and girls in the United States live at risk of FGM, a significant increase in recent years. The actual number of women and girls here who have had the procedure is unknown because the data are unreliable.

But the uptick in potential cases has gotten the attention of lawmakers.

Metro New York and Reuters contributed to this report.

For more on what's being done to fight against FGM, visit metro.us.

Facts about female genital mutilation

- FGM is mostly carried out on young girls sometime between infancy and age 15, in parts of Africa, the Middle East and Asia.
- The ritual dates back more than 2,000 years, and is practiced by Christians, Muslims and Jews, along with followers of other religions.
- There is no written support of genital mutilation in any religion.

SOURCE: The United Nations, the World Health Organization, UNICEF, The Swedish National Board of Health

Meheret Dawit is a survivor of female genital mutilation who now educates people about the dangers of the procedure and fights to end its practice.
SIRI AMRAM/METRO SWEDEN

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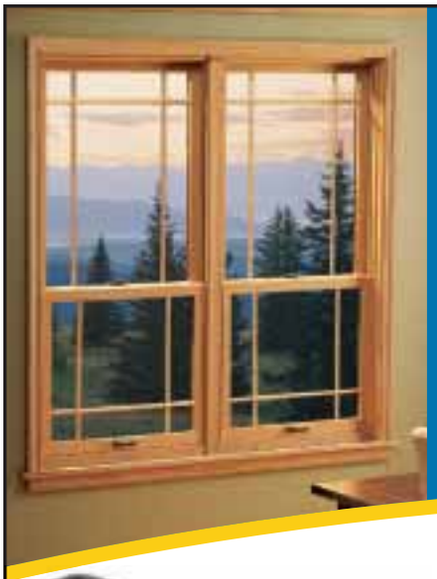

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the word

RACHAEL CLEMMONS
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Kylie Minogue and Joshua Sasse are over and done

Iconic pop star Kylie Minogue confirmed her breakup with Joshua Sasse in an emotional Instagram post Friday.

According to Huffington Post, just days before she announced the split Minogue was gushing about her upcoming nuptials and dishing on taking her partner's last name.

The 48-year-old singer met Sasse on the set of "Galavant," in 2015, in which Sasse played the titular character and Minogue guest-starred. I saw that episode. It was really good. I mean their chemistry didn't give me chills or anything, but it was really good.

Sasse was rumored to be getting close to Spanish actress Marta Milans, and that may have caused the split.

In her Instagram post, Kylie wishes her ex the best, which is really big of her. What a cool, mature lady. It wouldn't be me.

But in happier news, Minogue recently won a battle against Kylie Jenner, who was attempting to trademark their shared name, and thank goodness. We're forever #TeamMinogue on this one.

Kristen Stewart dropped the F-bomb on 'SNL'

Kristen Stewart made her debut as host and was visibly very pumped. So much so she dropped the F-bomb on live television! Go girl. But the best part of her opening monologue was her take down of President Trump — who has a history of obsessively trolling her on Twitter. He's tweeted about her 11 times! To enrage him some more, the "Twilight" actress gleefully declared herself as "so gay, dude." We can't wait to see how he'll spin this.

But that wasn't it: Melissa McCarthy debuted her Sean Spicer impression and it was terrifyingly spot on.

The actress is handsdown the best person to play the intense Spicer. Also, someone congratulate the wig department on "SNL," because they got Spicer's extreme side part very, very right.

Rooney Mara and Joaquin Phoenix are an item

I said it before, and now it's official: Rooney Mara and Joaquin Phoenix are for real, for real.

The Daily Mail has exclusive pictures of the eccentrically named duo running errands together — and I mean, you don't let paps just photograph you with paper bags in your arms unless you mean it.

The two actors supposedly started a romance on the set of "Mary Magdalene," a film that is unironically being referred to as a biblical epic. What do those words together even mean? Phoenix is playing the role of Jesus, and Mara is playing the titular role of Mary Magdalene.

So what shall we call them? Roonquin? Joaquiney? I mean, if a couple can't be named, there's no way they can last. I just wish celebrity couples would think about these things before getting together, you know?

ALL PHOTOS GETTY IMAGES

Chelsea Peretti and Jordan Peele are havin' a baby!

"Brooklyn Nine Nine" actress Chelsea Peretti and her husband, Jordan Peele, are expecting.

The actress and comedian posted a cute lil' subtle selfie on Instagram on the tail of Beyonce's own record-breaking announcement.

The post — a selfie of Peretti with the caption "beyonce schmonce" — is pretty standard for the low-key couple, who eloped last April. According to Refinery29, they met via Twitter and were introduced by mutual friend Andy Samberg. Peele, of course, is most popular for his show "Key & Peele" with fellow comedian Keegan-Michael Key, which ended in 2015.

INSTAGRAM/@ CHELSANITY

Congratulations, y'all! It's really brave to be procreating during the Trump era, so good for you guys!

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Jeffrey Tambor and Gronk face off for the Super Bowl

The odd couple teams up for Tide.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

Jeffrey Tambor is a legendary funnyman, from "The Larry Sanders Show" to "Arrested Development." On Super Bowl Sunday, the Emmy-award-winning "Transparent" actor did his thing opposite the New England Patriots' Rob "Gronk" Gronkowski in a spot for Tide.

The 72-year-old actor called in from Houston for the big game to talk about dabbing (really), his debut memoir "Are You Anybody," and how he has no idea what "broing out" is.

What was it like hanging out with Gronk?
Oh, Gronk was great, we were just talking about how charming he was. And what a good actor he was. He was terrific. He's like a little kid. A tall little kid. A little tall kid.

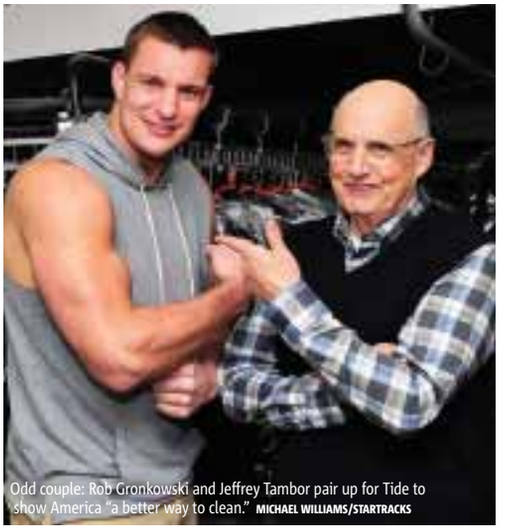
Did you bro out together?
I don't even know what you're talking about. I don't think I've ever "bro-ed out." What does "bro out" mean? You can write about this: "Jeffrey Tambor has no idea what a bro out means." What is a bro out? I want a definition.

We should probably ask Gronk.
Let's move on. What's that thing you do when you drop the mic?

A mic drop?
No, dab. Someone had to teach me about dabbing the other day. You and I have no idea what we're talking about. I'm 70. How old are you?

30.
See, that's the problem.

We're big fans of "Transparent." What's in store for Maura heading into Season 4?
We just had our first table read literally three days ago. It was amazing, everyone just burst into applause. I don't know all that much, I'm not being coy — and I ask not to know, I like to be surprised. It's going to be a great season.



Odd couple: Rob Gronkowski and Jeffrey Tambor pair up for Tide to show America "a better way to clean." MICHAEL WILLIAMS/STARTRACKS

We read that you and ["Transparent" co-star] Judith Light have been close friends for decades. What's it like working with her on the show?
She's great. She's one of the great actresses. We've known each other for many years, we did theater together at the Milwaukee Repertory Theater when we were little kids. Now she plays my wife [on "Transparent']; she's truly an artistic killer.

Her performance of "Hand in Pocket" in the Season 3 finale was a tour de force.
That was one of the most amazing moments I've ever seen. I was literally on the ship when she sang that and I remember there wasn't a dry eye in the house.

Any upcoming projects you'd like to tell us about?
I have a book that's coming out called "Are You Anybody." It's sort of a memoir, based on a member of the press who came up to me one day outside the Broadhurst Theater and said, "Are you anybody?" and I said, "No."

Is this memoir your first time writing?
It is my first time writing. I own a bookstore [Skylight Books in L.A.], do you know that? I've always been a big fan of writers. This is like a life dream, because on May 16, I'll be able to read my own book in my own bookstore.

What was it like filming "The Death of Stalin" in our current political climate?
[Director] Armando Iannucci has a great sensibility. It's very funny, it's very frightening, it's very sad. It's like one moment you're doing "King Lear"; the next, "The Ropers." It's the craziest script I've ever seen. I love it. I would work with Iannucci anywhere, anytime.

Is there anything you wish you'd get asked in interviews that you'd like to talk about?
Well, let's see: the loss of hair, I'd love to talk about. My father cried when I went bald, that's a true story. Oh, they want me to say Tide. You know, this is quite a moment. I will this Sunday be seen by close to 180 million people. That's more than dinner theater, I can tell you that.

EAT HERE NOW

Try Taiwan's hot trend: tea with cheese foam

Each week, our Going Out editor, Eva Kis, picks three places to check out.

PROVIDED

Happy Lemon

Most of us can agree: Cheese is good. Completely versatile and somehow the perfect complement in both savory and sweet dishes, it occupies a rarefied space in the food world. But even given all of its bona fides, we were still a bit surprised to hear about Salty Cheese Tea, the Taiwanese trend now available in Flushing. At the Happy Lemon bubble tea stand inside Queens Crossing's newly revamped food court, the drinks ($3.50) start with brewed black or green tea (or even a chocolate shake) and are topped with a creamy cheese foam made with whipped cream, milk and cream cheese, finished with a pinch of rock salt. Stir it all together before sipping for the optimal experience.
136-17 39th Ave., Flushing, queenscrossing.com

Mimi Cheng's

Acclaimed Blue Hill chef Dan Barber is getting the city onboard with his no-food-left-behind wastED program, one restaurant at a time. His latest converts are sisters Hannah and Marian of Mimi Cheng's, whose special dumpling for February repurposes some produce they'd been throwing away. The filling is made by finely chopping bok choy and zucchini ends and kale stems, plus rice cooked in water that's used to rehydrate shiitake mushrooms, with a peanut ginger sauce. The dumplings are available at both Mimi Cheng's locations through the end of the month for $8.75 for six or $10.75 for eight.
380 Broome St., Nolita; 179 Second Ave., East Village
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MIMI CHENG'S

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Russ & Daughters

For 104 long years, Saturday brunch was a wistful dream for Russ & Daughters fans because of the Sabbath. But thanks to technology, there's a way at the uptown location, inside the Jewish Museum. Taking the work out of the holy day involves automated elevators, online reservations and prepayment, and best of all there's no waiting unlike downtown on Sunday mornings, when it's walk-in only. The cost is $50 a person (with tip) for a set menu of deviled eggs topped with salmon roe, an appetizing platter of four fishes and all the necessary toppings, a selection of R&D breads with spreads, pickles and desserts, served with a glass of wine or grape juice plus tea or coffee. For $26, add two bloodies, mimosas, wine or beer.
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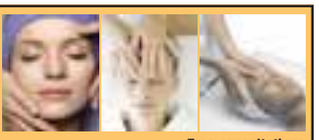
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3 ways to take action this week

Since Inauguration Day, acts of resistance have become a part of the weekly, even daily routine of citizens across America — from making calls to senators and congressmen, to attending rallies and protests, to meeting with community organizing groups. Each week, we'll point you to a few events that are scheduled in New York City.

GETTY IMAGES

1 Get Organized Brooklyn

#GetOrganizedBK is an initiative from Council member Brad Lander that consists of 15 volunteer-led "working groups" that meet monthly to develop resistance strategies. This Monday, Lander hosts a brainstorming session at Congregation Beth Elohim in Park Slope, beginning at 6:30 with a panel discussion on protecting immigrants in sanctuary cities. *Congregation Beth Elohim, 274 Garfield Pl. Monday, Feb. 6, 6:30-9:30 p.m., bradlander.nyc/issues/get-organized-bk*

2 Resist Trump Tuesdays

This organization meets weekly to rally against discriminatory policies in the Trump administration. This week, they'll gather at Columbus Circle and march to Trump Tower to protest the anti-LGBT "First Amendment Defense Act," among other executive orders. *Columbus Circle, Tuesday, Feb. 7, 6:00-8:00 p.m., resisthere.org*

3 State of Immigration State of Emergency

Council member Jumaane D. Williams, along with Senator Kevin S. Parker, Assembly member Rodneyse Bichotte and District leader Josue Pierre will host an information session and panel discussion on immigration policy changes under Trump and how to prepare for them. *Wednesday, Feb. 8, 6:00-8:30 p.m., Flatbush YMCA, 1401 Flatbush Ave., facebook.com/events/465858300470489/*

For more, visit takeactionnyc.com, a protest event calendar and activism resource. KATE MOONEY

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"FINDING DORY" - *NETFLIX INSTANT*

PIXAR

So "Finding Dory" is political now. "Finding Dory." The new Pixar movie. It was the film Donald Trump was watching last weekend while protesters raged against his "Muslim ban" — a nice, animated delight about families being reunited, screened in the White House while real ones were being torn apart outside. We long for a simpler time, when light, funny, creative entertainments — featuring a talking octopus driving a truck — didn't suddenly seem topical. Anyway, parents, sit your kiddies in front of this. That way they can learn lessons they certainly won't be getting from the president.

"A SEPARATION" - *FILMSTRUCK*

Speaking of the immigration ban: Among the many currently blocked from entering our country is Ashgar Farhadi, one of the world's finest filmmakers, who just happens to hail from Iran. He won't be attending this year's Academy Awards, at which his latest, the excellent "The Salesman," is nominated for Best Foreign-Language Film. If you don't live in a city showing it, you can head to FilmStruck and watch

SONY PICTURES CLASSICS

"A Separation," a Farhadi that already did win an Oscar, back in 2011. An Ibsen-esque drama, it tells of a divorcing couple who inadvertently almost destroy a low-income family.

"MULHOLLAND DR." - *NETFLIX INSTANT*

UNIVERSAL PICTURES

It wouldn't be our pick for best film of the aughts — we'd bully for "Zodiac," ourselves — but David Lynch's 2001 mystery-cum-mindf— was named, by a tony BBC poll, the finest piece of cinema from the previous decade. It's a totally worthy pick — one of Lynch's most elusive yet seductive works, not to mention endlessly rewatchable. Originally made as a TV pilot, it was rejiggered as a movie when French financiers came to the rescue, giving Lynch the cash to tack on an ending. He changed nothing of the first 2/3rds, and one of the richest ways to watch it is as a TV show, with clear spots for commercial breaks and storylines that will never be resolved, that eventually turns into a wackadoodle movie. Think of it as the best both of both worlds.

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jobs & education

Early financial-aid letters shake up college decisions

ISTOCK

The road to college has turned into an autobahn for some high school seniors this year.

BETH PINSKER
REUTERS
letters@metro.us

While the official deadline for making a college decision is May 1, thousands of students across the United States already have been admitted to the schools of their choice. Many also have received financial aid offers, thanks to a new timetable from the Department of Education, which moved up the start date for the Free Application for Federal Student Aid to Oct. 1 from Jan. 1.

Yet making an educated decision about which school to attend is hard for admitted students because financial aid information is not available from all of them.

"My families are just freaking out. It's almost too much time to be waiting," says college financial-aid consultant Jodi Okun.

Traditionally, colleges distributed financial aid letters to admitted students in mid-March. But some institutions, such as Kalamazoo College in Michigan and the University of Denver, moved up their financial aid award notifications as well, sending out letters to admitted students immediately. College-funding expert Mark Kantrowitz, publisher at Cappex.com, estimated that half to two-thirds of colleges are sending out some kind of real award letters to already-accepted students.

Schools with admitted students at this point in the year would be those with rolling admissions as well as early decisions (a binding commitment) and action (which can wait until May 1). The majority of students, however, will not receive acceptances until March or later, with their financial-aid packages arriving shortly after.

It has not been easy for schools to juggle

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the new deadlines. The College of Wooster, a Scottish-Presbyterian institution in Wooster, Ohio, had to accelerate all sorts of other deadlines in order to get aid letters out in January to the first batch of accepted students.

That included moving up auditions for competitive scholarships, which caused a bit of a space crunch when it came to bagpipers needing an indoor space to try out in January, as opposed to being able to do it outdoors in March.

"It was an organizational challenge," said W. Scott Friedhoff, Wooster's vice president for enrollment and college relations. And not just for the institution: "Now families have to be a little more alert about deadlines that have changed."

The intention of the new timeline is to provide a bigger window for consideration of financial options. In particular, families can appeal for more aid if they feel the award is not adequate, Kantrowitz said.

Carroll University in Waukesha, Wisconsin, is making it easier for admitted students to talk over their financial-aid offers this year. It had a visiting day last Saturday with slots every 20 minutes to ask questions, and filled every one.

The timeline benefits some schools, too. Indiana Wesleyan University in Marion, Indiana, is using the new calendar to counter competitors who give out merit aid. In the past, the students it coveted were already spoken for by the time the school sent out need-based offers.

"This levels the playing field for bottom-dollar costs," said Thomas Ratliff, the school's associate vice president.

More time also gives high school seniors a chance to re-visit schools and do all-important things like taste the food, which Kantrowitz urges students to take seriously.

"It is a real consideration for some," he said. "They arrive on campus and form a first impression. More time will allow them to make a more deliberative, informed impression."

But the early aid offers have drawbacks too, most notably, accelerating the age-old senior slide. "You get in, you get a great offer, it gives you more time to slack off," Kantrowitz warned. "Offers of admission are conditional — they are dependent on final grades. If you have a serious slump, the school could rescind the offer."

Another potential negative exists for the type-A student who is driven, anxious and unable to wait. Okun has a client who got into her dream school, the University of San Francisco, and received her award letter. But she is not celebrating yet because she has to wait for award letters from the other six schools on her list.

"I keep telling her, 'I know it's hard,'" Okun said. "But talk to the school, revisit, and decide if you can really afford it."

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"We're bringing this sucker home," Tom Brady shouted after hoisting his fifth Super Bowl trophy. Sunday's game could go down as one of the best ever played. GETTY IMAGES

3 Reasons why Super Bowl LI was the best one ever

The Patriots scored 31 unanswered points in an incredible comeback win Sunday, earning their fifth Super Bowl crown.

EVAN MACY
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Sunday's NFL Championship tilt between the Falcons and Patriots had all the makings of a stinker, as Atlanta's seemingly insurmountable lead and a potent Falcons pass rush had many watching commercials not football. But a comeback of epic proportions saw the Patriots overcome a 25-point deficit to earn a 32-28 victory in Super Bowl LI.

New England, following one of the most improbable comebacks in sports championship history, wasted no time in overtime, marching down the field to the 2-yard line where James White reached into the end zone, clinching Tom Brady's fifth Super Bowl title.

It was the second walk-off Super Bowl title in history (the Pat's also had the first).

1 The comeback

The spectacle that is the Super Bowl had entertainment value on and off the field — beginning with a valiant comeback effort from Tom Brady and New England, closing a 28-9 gap with a field goal early in the fourth quarter paired a forced fumble deep in Atlanta territory by Dont'a Hightower. Danny Amendola secured a touchdown catch at the 5:56 mark and a direct snap to James White cut it to a one-possession game.

Some questionable play-calling may have cost the Falcons an insurance field goal as New England got the ball back after some Atlanta movement with 3:30 to play. An incredible tipped pass fell securely into Julian Edelman's hands to keep the Pats' drive going, and a few plays later James White leaped into the end zone to cut it to two points. The two-point conversion tied it. New England scored 25 unanswered points over the last 16 minutes of regulation.

Brady went 43-for-62 for 466 YDS, and two touchdowns. His five Super Bowls are the most of any player in NFL history.

2 Falcons defense over, then underachieves

Watching the first 15 minutes, it would have not have occurred to a casual football fan that the Patriots and Falcons had two of the NFL's top-five offenses in 2016 — with Atlanta's one of the most prolific in history.

But a swap of punts, twice on each side, set the tone for an unexpected defensive battle. Things got even more shocking when Deion Jones forced a fumble on a LeGarrette Blunt rush, stopping New England's third drive flat near midfield. Devonta Freeman did the rest, finding his way into the end zone to put Atlanta on top 7-0.

Another three-and-out stop in the second catapulted the Falcons down the field yet again as Matt Ryan found Austin Hooper to boost it to a two-score game.

Robert Alford sent another shockwave to New England, when he returned an interception 82 yards for a pick-six and a three score lead.

In the second half it was a completely different story, as the defense allowed Brady to throw for the most yards for any quarterback in Super Bowl history. Most of these came in the second half to set up the first overtime in Super Bowl history.

3 A silent protest

Off the field, a protest of subtle and entertaining sorts took place between the halves. After a short rendition of the top end of Woody Guthrie's "This Land Is Your Land," Lady Gaga went through hit after hit, highlighted by "Born This Way." Without making any kind of political speech, the entertainer made a political speech. Well, she did say, "we're here to make you feel good."

Feeling good, for four hours (unless you're a Patriots fan) is the prescription Americans called for, and despite its one-sidedness Super Bowl LI delivered.

With strive, political discord and protests running rampant since the election of Donald Trump, the world's biggest sporting event was not immune to the seepage of politics into every facet of American life.

Commercials (which cost upward of $5.5 million this year for a 30 second spot) showed off America's diversity between the action too. From the multilingual CocaCola ad singing "America the Beautiful," to Google Home showing home is not traditional, Airbnb for reminding us that we all belong regardless of our differences and the 84Lumber leaving audiences hanging to watch the end which could be viewed on their website of a mother and daughter ending up after a long journey facing a wall. "Equal pay for equal work" was even the tagline for a car commercial.

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Knicks can pick up momentum, ground on homestead before break

The Knicks can play their way into a playoff spot despite setbacks. GETTY IMAGES

The Knicks are in the midst of a five-game home stand, so if there's ever a time to gain some traction and creep back into the lower rung of the Eastern Conference playoff bracket before they disperse for the All-Star break, now is the time.

Granted, the slate isn't an easy one, as they still have to play the Clippers, a Denver Nuggets squad, and the Spurs – after already losing the first game of the home stand to the Cavaliers on Saturday. But if the Knicks (22-30) are to make themselves relevant again, they need to win these games, regardless of the opponent.

Once upon a time, the Knicks were a top-four team in the conference and four games over .500. But since Christmas, they've got nothing but coal. Carmelo Anthony is embroiled in a bitter work relationship with team president Phil Jackson – a toxic work environment that was created by the Zen Master. Derrick Rose can't stay on the court – when he's not going AWOL. First-year head coach Jeff Hornacek can't seem to get his rotation right. Young, budding players like Mindaugas Kuzminskas and Willy Hernangomez see inconsistent minutes. And even second-year phenom Kristaps Porzingis has seemingly regressed in recent weeks.

Backup point guard Brandon Jennings, whose near heroics Saturday night almost led to an epic comeback, noted that the real way to get back on track and gain some traction is rather simple.

"We just need to play hard and play with effort. Who cares what the score is? Just play hard. That's the main thing … dive on the floor," Jennings said. "I just feel we need to play faster. It just makes it easier for everybody."

Even after defeats, because as bad as they've played since the holiday – losers in 12 of the 18 games since – they're still only 1.5 games back of the eighth-seeded Detroit Pistons (23-28). The Hornets (tied with the Pistons in the standings) and Bucks (22-28) are the only teams standing between New York and the final playoff spot.

There's still time to rewrite this season's pending conclusion. They need to begin that journey now, though. Otherwise, the Knicks will continue to be stuck in basketball purgatory and continue to exasperatingly teeter that line between looking like a franchise still playing for playoff contention or looking as if they're lottery bound. TONY WILLIAMS

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The study is conducted at New York State Psychiatric Institute/ Columbia University Medical Center and is funded by the National Institute of Health.

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MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

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Contact Megan at
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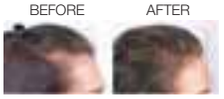
- Others criteria will be assessed by the study doctor

BEFORE AFTER



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- **Non-bronchoscopy follow-ups: $50**

WCMC IRB APPROVED
Approved: 06/14/2016
Expires: 06/13/2017

Find us on FB: @WCMgeneticmedicine Twitter: @GeneticMedicine

Department of Genetic Medicine at Weill Cornell Medicine
IRB #: 1208012780

For more information contact:
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- Repeat Partial Screening Visit: $25.00
- Repeat Full Screening Visit: $50.00

WCMC IRB
Approval Date: 10/31/2016
Expiration Date: 04/11/2017

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- Complete Bronchoscopy visit: $200.00
- Repeat Partial Screening visit: $25.00
- Repeat Full Screening visit: $50.00
- Repeat Full Bronchoscopy visit: $200.00

WCMC IRB
Approval Date: 10/25/2016
Expiration Date: 02/15/2017

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Department of Genetic Medicine at Weill Cornell Medicine
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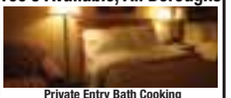

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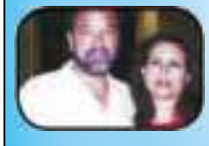

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↓
Believer (Powers and Protection given by Jesus to use his name and do exploits)
↓
Satan (Has powers of the Kingdoms of the earth and of the air subject to God)
↓
Satan's Demons, Principalities and Powers, etc. (Has delegated powers from Satan)
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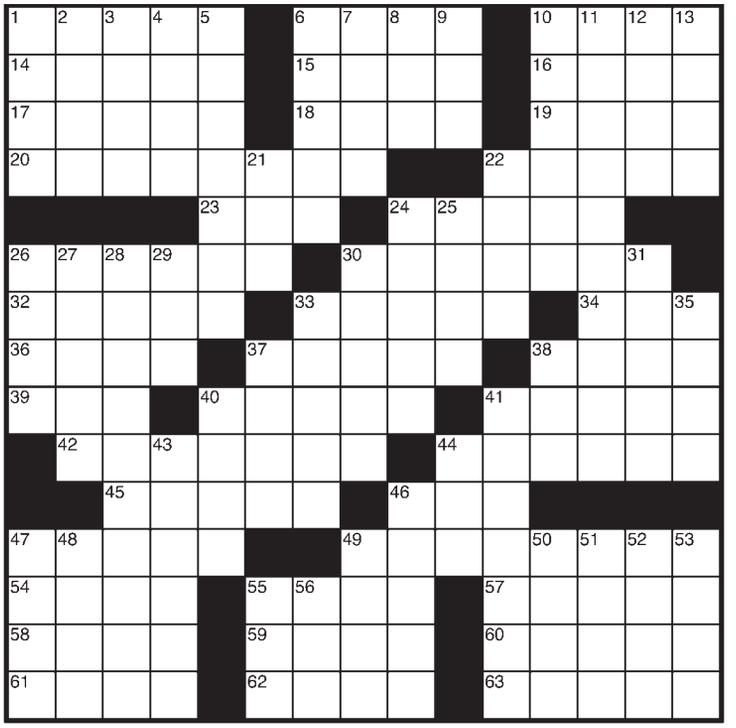
56 Lemon --



metro.us/sudoku

easy

4	7				9			8
			4	6	2			7
							3	
	5			3			7	4
6		4		2		8		9
7	1			8			5	
	6							
2			1	9	8			
8			5				4	2

hard

			4				7	
8	2			7				5
	1		3				8	
	4	8	5				3	1
		5				2		
1	3				8	4	5	
	5				3		2	
3				2			4	9
	7				5			

metro.us/horoscopes

Aries Take the initiative to finish what you start and keep moving forward. Don't worry about what others do or say. Follow your heart and do things on your own terms.

Taurus You'll do best if you stick to basics and take care of your responsibilities personally. Don't take on chores that don't belong to you or make unnecessary changes.

Gemini Rely on your experience to help you decipher what others are doing or what they want or expect from you. Don't hesitate to be open about the way you feel.

Cancer Don't worry about what everyone else is doing. Work toward your goals. Keep your impulses in check so you aren't tempted to do something you shouldn't.

Leo Express how you feel and let others know what you want to see happen. Once you've established your intentions, you can successfully take action. Fulfill your dreams.

Virgo Don't argue, as it will deter you from focusing on what's really important. Take care of your medical, financial and legal affairs personally. Rely on your intelligence.

Libra Open up about the way you feel and what your intentions are regarding important relationships. Changes can be made if everyone is in agreement.

Scorpio With creative conjecture, you will find a worthwhile solution for any situation. Your ability to get results will be dependent on how you treat others.

Sagittarius It's time to make alterations to your lifestyle or methods. If you engage in activities that are spontaneous and challenging, an interesting encounter will develop.

Capricorn When faced with a discrepancy, address issues conservatively. Refuse to get worked up or show signs of weakness. Impulsive action will have multiple effects.

Aquarius Trust and believe in your knowledge and abilities. Turn your home into your personal sanctuary and share everything with the ones you love.

Pisces Be careful when dealing with peers, relatives or anyone who is likely to cause you grief. Don't share secrets or personal information. EUGENIA LAST

Yesterday's answers

B	O	O	T	H	■	F	E	T	E	D	■	M	O	B
A	D	A	N	O	■	A	L	I	B	I	■	A	L	L
N	E	S	T	S	■	L	I	M	B	O	■	D	D	E
■	■	■	T	A	L	E	■	■	C	H	A	I	N	■
H	A	P	P	E	N	S	■	G	L	E	A	M	E	D
E	G	O	I	S	T	■	Q	U	A	S	I	■	■	■
R	A	K	E	S	■	F	U	N	N	E	L	I	N	G
O	P	E	■	■	A	L	E	N	E	■	■	S	O	U
D	E	S	U	L	T	O	R	Y	■	E	L	A	T	E
■	■	■	R	E	K	E	Y	■	C	L	E	A	R	S
C	A	S	A	B	A	S	■	P	A	L	A	C	E	S
A	V	I	L	A	■	■	D	A	L	I	■	■	■	■
B	O	D	■	R	O	B	O	T	■	P	A	V	E	D
O	W	L	■	O	H	A	R	E	■	S	H	A	N	E
T	S	E	■	N	O	R	M	S	■	E	S	T	E	E

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